

# Lunch Menu



## Chef's Homemade Soup of the Day ⑥

Served with Brown Bread

GF 5 €

## Creamy Fish Chowder Served with brown bread ②④⑥

V GF 8 €

## Crispy Garlic Bread ③④⑥???

with tomato and melted red cheddar cheese topping, served with house salad

6 €

## Salads

### Warm Chicken Caesar Salad ①③④⑥

Served with Cos leaves, Croutons, Crispy Bacon, Grated Fresh Parmesan

GF 10.90 €

### Warm Salad of Crispy Bacon, Mushroom, Tomato and

Herb Potatoes and House Dressing ①③④⑥

GF 9.90 €

### Warm Cajun Chicken Salad

Cajun Chicken Strips, Mixed Leaves, Red Onion, Cherry Tomatoes & Herb Potatoes

GF 10.90 €

## Mains

### Homemade Beef Lasagne Served with House Salad & Fries ①③⑥⑫

12.50 €

### Breaded Chicken Goujons Served with House Salad & Fries ①③⑥⑫???

12.50 €

### Cajun Chicken in a Toasted Cibatta Served with House Salad & Fries ①⑫???

12.50 €

### Vegetarian Quiche Served with House Salad & Fries ①③⑥⑫???

V 9.90 €

### Traditional Fish & Chips ①④⑥⑫

Fresh Cod in light beer batter served with mushy peas

14.90 €

## Toasted Sandwiches

### Quays Toasted Special ①⑥⑫

Home Baked Ham, Red Onion, Tomato and Cheddar Cheese served with salad and fries

8.50 €

### Chicken, Cheese and Mayo ①⑥⑫

Served with salad and fries

V 8.50 €

### Vegetarian: Lettuce, Tomato, Peppers, Red Onion and Cheese ①⑥⑫

Served with salad and fries

7.50 €

## Panini Option also available with the above ingredients

Served with salad and fries

## Soup Combo

### Bowl of Soup and Toasted Sandwich or Panini ①⑥

8.50 €

## Open Sandwiches

### Sweet Chilli Chicken ①③⑥ OR Homebaked Ham on Brown Bread ①

Served with house salad and fries

8.50 €

### Smoked Salmon on Brown Bread ①④

Served with house salad and tartar sauce

9.50 €

## See overleaf for Allergen Listing

If you are caught for time please let us know before you order and we can arrange Lunch to your schedule.

V Vegetarian

GF Gluten Free \*All Sauces are Gluten Free

# Dessert, Tea/Coffee Menu



## Dessert

Warm Apple Pie	5.50 €	①③⑥⑧
Double Chocolate Fudge Cake	5.50 €	①⑥⑧
Lemon Meringue	5.50 €	①③⑤⑥⑧⑫
Baileys & Chocolate Cheese Cake	5.50 €	①③⑥⑧
White Chocolate & Raspberry Roulade	5.50 €	①③⑥⑧????
Ice Cream Selection	4 €	⑥

## Beverages

Barrys Tea	2.20 €	⑥
Selection of Herbal Teas	2.20 €	
Coffee	2.20 €	⑥
White Coffee	2.50 €	⑥
Cafe Latte	2.50 €	⑥
Hot Chocolate	2.50 €	⑥
Cappuccino	2.50 €	⑥
Espresso	2 €	⑥
Baileys Coffee	6 €	⑥
Irish Coffee	6 €	⑥

All our meats are homecooked and supplied by  
Colemans Butcher Youghal & O'Connor's of Cork

*Please advise your server of any allergies*

*If you are caught for time please let us know before you  
order and we can arrange lunch to your schedule*

### Allergens:

- ① Cereals containing gluten ② Crustaceans ③ Eggs ④ Fish ⑤ Soybean ⑥ Milk  
⑦ Peanuts ⑧ Nuts ⑨ Celery ⑩ Mustard ⑪ Sesame ⑫ Sulphites ⑬ Lupin ⑭ Mollusc

